Assault Course Risk Assessment - Green Beret 2026

This activity risk assessment must be read in conjunction with the HCSC General site risk assessment and Green Beret event risk assessment. Each specific base should follow guidance from the General Course Risk Assessment as well.

Scouts Hertfordshire

Name of activity, event, and location	**Tractor Tyre Pull – Assault Course - 14th November 2026** **Hertfordshire Scout Activity Centres- Tolmers Activity Centre**	**Date of risk assessment**	**13th November 2026**	**Name of person doing this risk assessment**	**Jack Mawhinney** **Course Manager** **Reviewed by:** **Doug Stack** **ACM HCSC** **Katy Pearce** **EM HCSC**
		Date of next review	**1st November 2027**		

Hazard - what could go wrong?	Who is at risk?	Assessment of risk	Control measures in place	Remaining risk using control measures
Strain / injury from pulling heavy load	Participants	High	• Ensure tyre weight is suitable for age/strength of group. • Teams sized appropriately along rope, so load is shared. • Participants briefed on safe pulling technique (use legs, not back). • Base leader may stop activity and reduce load at any time.	Medium
Falls while pulling uphill	Participants	High	• Path checked for safe footing and gradual incline. • Activity re-assessed in wet or icy conditions. • Participants must walk. Running is not permitted. • Leader monitors spacing and pace.	Medium
Rope burns / hand injuries	Participants	Medium	• Rope checked for frays. • Participants told not to wrap rope around wrists or hands.	Low
Collision with tyre when stopping or releasing rope	Participants	Medium	• Clear stop command agreed before starting. • Participants instructed to slow gradually — not drop rope. • Base leader controls start and stop.	Low
Participants slipping and being pulled forward	Participants	Medium	• Rope kept at steady tension. • Pace controlled to avoid sudden pulls. • Base Team positioned close to participating team.	Low
Fingers trapped under tyre	Participants	Medium	• Participants told not to handle tyre while moving. • Tyre repositioned only when stationary. • Safe handling demonstrated before activity.	Low
Fatigue / exhaustion	Participants	Medium	• Regular rest breaks. • Participants encouraged to communicate tiredness. • Water accessible.	Low

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Hazard - what could go wrong?	Who is at risk?	Assessment of risk	Control measures in place	Remaining risk using control measures
			• Activity reduced or stopped if fatigue observed.	
Environmental hazards (roots, uneven ground, obstacles)	Participants	Medium	• Route inspected before use. • Adjust route if hazards present. • Base Leader continuously monitors conditions.	Low

Note: This risk assessment is intended only as a guide and is supplementary to the main Assault Course and the HCSC main Green Beret Risk Assessment.

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Element Name: Base 3 – Tractor Tyre Pull

Time	7-8am	8-9am	9-10am	10-11am	11-12am	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm
Any comments?										
Base leader sign off										
Assault course manager sign off										